

# Alaskan Gem Elixirs

<b>Aquamarine</b>		Brings a calm, quiet clarity to an over active mental body; increases one's ability to achieve a neutral, serene state of mind; helps one create a mental oasis of cool, clear receptivity.
<b>Aventurine</b>		Strengthens the central vertical axis which stabilizes us during expansion experiences; helps us move into and through new experiences with grace, stamina and perseverance; good for spiritual trailblazers and pioneers.
<b>Azurite</b>		Grounding communication; opens and strengthens the connection between the feminine earth forces and the 5th chakra; helps us communicate with vitality, authenticity, and gentleness.
<b>Black Tourmaline</b>		Helps us exchange old unwanted energies for fresh, clean, neutral energy; a precision tool for the release of toxic energy from the mind, emotions, and especially the physical body.
<b>Bloodstone</b>		Strengthens our connection to the earth; brings a stronger flow of earth energies into the 1st and 2nd chakras; stimulates the release of emotional energies that have been stuck in the lower chakras; rebalances these energy centres after trauma or emotional upset.
<b>Brazilian Amethyst</b>		Transmutes energy from lower to higher vibratory rates; helps to lift energy from an overly material state; helps one sense and experience one's unique spiritual reality.
<b>Brazilian Quartz</b>		The essence of cleansing white light; energizes and synchronizes the auric field, the subtle bodies, and the physical body to the earth's natural vibration.
<b>Carnelian</b>		Increases the etheric body's ability to access pranic energy; energizes and clears the nadirs, (the energetic interface between the etheric body and the meridians), allowing a greater flow of energy to the meridians.

<b>Chrysocolla</b>		<p>Opens, softens, and expands the inner dimensions of the heart chakra; helps us release tension and armouring around giving and receiving love; increases flexibility in the mind and body to allow the vibration of love to flow.</p>
<b>Chrysoprase</b>		<p>Brings the heart chakra into harmonious union with the green energy frequency of the planet; synchronizes the subtle bodies with the heart energy of the earth; helps us accept the earth as our home.</p>
<b>Citrine</b>		<p>Harmonizes the mental body with higher spiritual laws; increases access to divine truth and intelligence; amplifies qualities of concentration, centring, and rational mind.</p>
<b>Covellite</b>		<p>Brings strength, clarity and definition to the auric field; acts as a protective filter that encourages us to relax energetically, thereby enhancing our natural ability to receive love and support from the environment.</p>
<b>Diamond</b>		<p>Brings clarity to the 6th chakra; harmonizes divine and personal will; helps us activate personal will in its highest form; strengthens our ability to act in alignment with divine purpose.</p>
<b>Emerald</b>		<p>A universal heart cleanser and balancer; energies of the Divine Mother and the Divine Feminine; gently coaxes the heart to open to allow a greater experience of love in the physical body.</p>
<b>Fluorite</b>		<p>The "break up" elixir; works to bring increased energies into the physical body by breaking up blockages in the etheric body.</p>
<b>Fluorite Combo</b>		<p>Synchronizes movement between the etheric and physical bodies; fine tunes our focus so that we can move through an issue or healing process with precision and balance.</p>

<p><b>Gold</b></p>		<p>Brings strength and balance to the 3rd chakra; enables us to access and bring forth into physical reality the highest aspects of our personal identity; helps us tap into our inner truth, joy, and wisdom as a source of creative power.</p>
<p><b>Green Jasper</b></p>		<p>Reconnects body rhythms with earthly rhythms when there has been a disruption to the natural flow; helps us connect to the wild feminine; restores earthly sensuality and healthy sexuality.</p>
<p><b>Hematite</b></p>		<p>Strengthens energetic boundaries in the emotional body; promotes emotional independence rather than co-dependence; helps us maintain a state of compassionate detachment while witnessing an intense emotional experience in another, and contain our own emotional experiences in a responsible way.</p>
<p><b>Herkimer Diamond</b></p>		<p>A highly developed transmitter of white light; promotes clarity of vision; stimulates healing at all levels; facilitates clarity during the dream state; helps us fine tune and focus the activities of the 6th chakra.</p>
<p><b>Jadeite Jade</b></p>		<p>A vibration of peace, balance, and timeless simplicity; helps us stay centred in the moment with an awareness and acceptance of our true essence.</p>
<p><b>Kunzite</b></p>		<p>Opens the heart to an awareness of our own angelic presence; helps us experience the spiritual love of the angelic kingdom and integrate it into the physical body.</p>
<p><b>Lapis Lazuli</b></p>		<p>Opens and clears channels of communication in the 5th chakra; amplifies the ability to hear information from physical and non-physical sources; clears confusion between hearing and knowing.</p>
<p><b>Malachite</b></p>		<p>Grounding; helps align and harmonize the physical, emotional, mental, and spiritual levels of being; supports the unity of one's being in all circumstances.</p>

**Moldavite**



Connectedness; an energetic window into universal perspective; helps us stay present in the moment while accessing what we need to express our earthly potential.

**Montana  
Rhodochrosite**



Brings strength and solidity to the 4th chakra; clears confusion and chaos from the heart; clarifies intent and promotes courageous, heart centred action.

**Moonstone**



Cleanses and circulates energy in the emotional body; increases feminine energy aspects of receptivity and intuition in women and men; balances and focuses the psychic forces during menses.

**Opal**



Feeds the etheric and subtle bodies with a full spectrum of luminous colours; rejuvenates spent emotional and mental forces and counteracts the depletion of colour frequencies in the aura; replenishes our creative energies.

**Orange Calcite**



Amplifies the body's ability to assimilate light at the cellular level; uplifting, energizing and warming; dispels darkness and grief.

**Pearl**



Promotes the release of layers of irritation in the mental and emotional bodies which are seen in the physical body as hardness and inflexibility; helps one turn antagonism for oneself or one's illness into awareness and acceptance.

**Peridot**

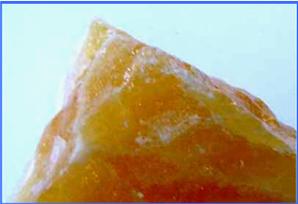
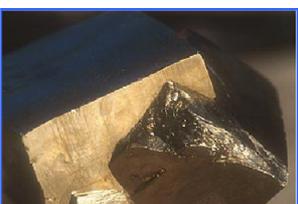


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**Pyrite**



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<p><b>Peridot</b></p>		<p>The stone of new beginnings; stabilizes the subtle bodies during the incubation period of new ideas and creative projects; helps us initiate new cycles of learning and experience.</p>
<p><b>Pyrite</b></p>		<p>Helps one build an energetic foundation in life based on one's highest personal truth; strengthens one's sense of self, especially with regard to group dynamics and peer pressure; helps one solidify and honour one's values.</p>
<p><b>Rhodochrosite</b></p>		<p>Increases energy, balance, and stability in the heart chakra and in the physical body; brings a balance of nurturing earth energy to the heart chakra after an experience of healing and transformation.</p>
<p><b>Rhodolite Garnet</b></p>		<p>Increases our ability to inhabit the physical body; helps us reconnect energetically with parts of the body that have been injured or traumatized; rebuilds the web of etheric energy in areas disrupted by surgery.</p>
<p><b>Rose Quartz</b></p>		<p>Opens, softens and soothes the heart; helps one connect to and nurture the inner child; harmonizes the heart forces so one is able to maintain intimacy with oneself and others.</p>

<b>Ruby</b>		Energizes and balances the 1st chakra and supports the ability to ground spiritual energy into the physical body; works with the lower chakras to awaken higher impersonal love.
<b>Rutilated Quartz</b>		Promotes precision alignment with higher sources of energy and inspiration; helps us physically anchor the ability to access, synthesize, and communicate information from other dimensions.
<b>Sapphire</b>		Devotion to divine purpose; helps synchronize our energy system with our higher purpose; intensifies the qualities of loyalty and responsibility to our true work on the planet.
<b>Sapphire/Ruby</b>		For balancing spirituality with physical ability; enables one to gently integrate higher purpose into physical reality and receive physical nurturing through the fulfillment of divine responsibilities.
<b>Scepter Amethyst</b>		Opens and prepares the 7th chakra to receive energy from the higher chakras; helps us activate our highest potential through the embodiment of a new core of spiritual identity, authority and leadership.
<b>Smoky Quartz</b>		Grounding and calming; synchronizes body energy with earth energy; regulates and stabilizes the detoxification of unwanted energies from the physical, emotional, and mental bodies.
<b>Spectrolite</b>		Bathes and nourishes the entire energy system with full spectrum light; renews and refreshes our perspective; helps us again see the magnificent in the mundane, and the divine in the ordinary.
<b>Star Sapphire</b>		Promotes trust in the universe; helps us focus our awareness on what is necessary for the soul's progression in life; supports the formation of energetic connections that support the realization of our life goals.

<p><b>Sugilite</b></p>		<p>Brings depth and a physical richness to our spiritual lives; helps us physically manifest a warmer, more feminine quality of spirituality; promotes an easy acceptance of-rather than a hard striving for-the spiritual realm.</p>
<p><b>Tiger's Eye</b></p>		<p>Self-empowerment; strengthens the energetic boundary between our true natures and our emotional experiences; helps us maintain a strong sense of self-identity when dealing with powerful emotions such as anger, fear and jealousy.</p>
<p><b>Topaz</b></p>		<p>Clears energy blockages in the solar plexus; helps us tap into appropriate sources of universal energy; strengthens the ability to act decisively from a clear sense of personal identity.</p>
<p><b>Turquoise</b></p>		<p>Attunes the energy field to the ancient wisdom and sacredness inherent in all of life; cleanses and deepens our connection to the Soul of the earth; helps us live a life of simplicity with gratitude and reverence for All.</p>
<p><b>Watermelon Tourmaline</b></p>		<p>Balances the universal polarities of yin and yang; helps us establish equality between the magnetic and dynamic (giving and receiving) qualities of love; brings the green, physical, earth frequency into harmony with the pink, spiritual, angelic frequency of love.</p>

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