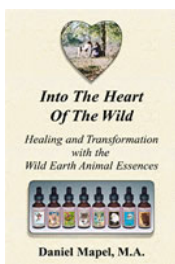


INTO THE HEART OF THE WILD is the first book about the Wild Earth Animal Essences, a unique line of vibrational remedies that support those who use them with the wisdom and power of wild animals. The book is written by Daniel Mapel, M.A., the founder and developer of the animal essences and it is intended to serve as an introductory manual for their use. Along with providing information about each of the essences, the book answers many questions including:

What are animal essences and how are they made?

How do I choose animal essences that are right for me?

What essences are good for specific emotional or spiritual states and stages?



The book includes background information about how the author came to develop the animal essences, case studies of their use, and a detailed list of conditions for which the essences may be beneficial.

**\*\* NOTE:** The book contains information on the first 41 animal essences. A second edition will include additional information.

This guide to the Wild Earth Animal Essences is one of a range of handy booklets designed to facilitate the use of Essences for personal healing. Animal and other essences (flower, gem and environmental) are profound healing tools with the potential to make a significant contribution to our personal and spiritual development.

Our purpose at Healthlines is to support the spread of essences by facilitating the understanding of these divine healing gifts, and by making them easily accessible to public and practitioners alike. We provide a prescription service so you can have several essences made up into a ready-to-take dosage bottle. For further information, please phone or visit our website

[www.healthlines.co.uk](http://www.healthlines.co.uk)

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WILD EARTH ANIMAL ESSENCES  
Combinations, Wild Child, Healing Path, Inner Dog  
Spirit Sprays and Sharing Love Essences



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## WILD EARTH ANIMAL COMBINATIONS



The Animal Essences are healing tools that can help us to touch deep, wild, wondrous places within ourselves and to mend emotional wounds that have gone untended. The essences can also profoundly assist us in our spiritual growth and development. The animals offer themselves with love and wisdom that is boundless and wild and free; all they ask is that we open our hearts to receive what they are willing to give us so generously: the joy that comes with knowing oneself as part of the indivisible whole of all Creation.

These combinations are great for some general issues that can regularly obstruct peoples wellbeing and are available in either 'stock' concentrate or ready to take bottles. You would normally buy the stock concentrate if you are a practitioner and want to make up bottles for different clients, or if this is an issue you will be working with over an extended period of time. If not, we recommend the ready to take bottle for convenience.

### Empower

A fantastic combination for helping you to stand in your power in a way that is authentic and spiritually based. Empower enables you to act with integrity and certainty from a place of deep knowing.

Combines Bighorn Sheep, Lion, and Peacock.



### Saved by the Animals

To provide deep grounding, protection and spiritual connectedness in times of emergency. For physical, emotional and spiritual crisis it enables you to stay safe, centred and able to respond.

Combines Dove, Turtle, Buffalo, Eagle and Elephant.



### Joyful Work

This combination supports you in bringing playfulness, creativity and resourcefulness to your daily work, and experiencing it as a source of deep fulfillment and joy.

Combines Otter, Beaver and Squirrel.



**Loving Compassion** -- Provides powerful support for feeling & expressing deep compassion for oneself and for others. Contains:  
Dolphin -- For feeling & expressing compassion.  
Dove -- For connecting with and being Peace.  
Wild Horse -- For gently opening the heart.

**Loving Parent** -- Provides powerful support for lovingly nurturing and parenting oneself and one's children. Contains:  
Robin -- For nurturing others and oneself.  
Opossum -- Nurtures protective parenting.  
Emperor Penguin -- Supports co-parenting.  
Jellyfish -- For letting go and trusting.  
Sparrow -- For freedom from worry



**Loving Relationship** -- Provides powerful support for creating, bonding, and deepening in love with a primary partner. Contains:  
Wolf -- For connecting and bonding deeply.  
Wolf Pup -- Nurtures feelings of belonging.  
Dove -- Nurtures peace & calm in the heart.  
Wild Horse -- For loving from the heart.  
Swan -- For seeing beauty in your partner.

**Loving Service** -- Provides powerful support for fully engaging one's heart in the active service of others. Contains:  
Robin -- Nurtures selfless service.  
Dolphin -- For feeling & expressing compassion.  
Wild Horse -- For serving with an open heart.  
Wolf -- For connecting and bonding with others.  
Giraffe -- For serving while maintaining perspective



**Loving Child** -- Provides powerful support for helping children feel and express love in all aspects of their lives. Also supports our Inner Child to feel joyful and loving. Contains:  
Fawn -- Nurtures innocence and gentleness.  
Wild Horse -- For gently opening the heart.  
Dove -- Nurtures peace and calm.  
Bear Cub -- For being aware of our feelings.

**Sharing Love** -- Provides powerful support for connecting with others and sharing love in all areas of one's life. Contains  
Wild Horse -- For loving from the heart.  
Wolf -- Nurtures connection with others.  
Dolphin -- For joyfulness and playfulness.  
Dove -- Nurtures peace and centeredness.  
Peacock -- For feeling whole and complete.





## SHARING LOVE ESSENCES



The Sharing Love Essences emerged as this next set immediately after my workshop at Healthlines in 2009. It had been a magical weekend for me of sharing deeply with old and new friends, and I was feeling so grateful and privileged to be living a life where I am given the opportunity to share love in so many ways with so many. Out of that awareness and gratitude the Sharing Love Essences swiftly arose -- within moments I "got it". I knew that the the Sharing Love Essences would be the perfect complement to my previous work. And they speak so deeply to me because after all, it seems to me that what we are here to do with one another is quite simple at its most basic level: Share Love!

So the Sharing Love Essences provide powerful support for feeling and expressing love in many of the most common areas of life where love is expressed and shared. It begins, of course, with self-love, and for that the essence is Loving Yourself. As the Dalai Lama said, "Genuine love should first be directed at oneself -- if we do not love ourselves, how can we love others?" So Loving Yourself helps us to deepen our love and respect for ourselves, with the support of Swan, Dolphin, Peacock, Wolf Pup, and Fawn, and is a powerful formula for those who do not know how to love themselves fully. And from there the set expands and supports us in many of the ways that we experience and share love with others: Loving Relationship, Loving Parent, Loving Child, Loving Service, Loving Compassion and Sharing Love.



**Loving Yourself** -- Provides powerful support for accepting, caring for, and loving yourself just as you are. Contains:  
 Swan -- Nurtures self-acceptance & self-love.  
 Wolf Pup -- For knowing that you matter.  
 Fawn -- Nurtures gentleness and innocence.  
 Dolphin -- For compassion for your suffering.  
 Peacock -- Nurtures wholeness & integration.

### Playtime

A joyous combination which supports you in entering into the spirit of play with happiness and delight. Excellent for adults or children who need to learn to play more.

Combines Otter, Dolphin and Chimp.



### Protection

Protection provides powerful support for dealing with intense emotional situations, environments and people. It helps you develop healthy armouring and strengthens your self-protective instincts in difficult situations.

Combines Turtle, Armadillo and Skunk.

### Rest & Relax

This combination enables you to slow down, let go and feel deeply relaxed and at one with your body. It eases you away from your worries and cares and enables you to rest, relax and renew.

Combines Sloth, Dragonfly and Sparrow.



### Supreme Confidence

This combination connects you with your confidence, strength and power. Whatever you are facing it aligns you with the knowledge of your true worth and empowers you in your ability to respond from a place of mastery, keen insight and skill.

Combines Mountain Lion, Bumble Bee and Cheetah

## WILD CHILD COMBINATIONS

**Inner Child Healing** provides support for embracing, feeling, and releasing the anger and pain that one has carried since being hurt as a child, and for knowing the Beauty and Divinity of one's Inner Child. Provides powerful support for journeying inward to express unexpressed feelings from unresolved wounds of the past in order for healing to occur.



### Balanced Child

Sometimes it's difficult to know what may be contributing to a child's difficulties, or there may be several contributing factors. Balanced Child is ideal to support the grounding and strengthening of someone's identity, confidence and boundaries in this situation.

## HEALING PATH ESSENCES



Healing Path Essences from Wild Earth are vibrational remedies that support you on your emotional and spiritual healing journey. Healing Path Essences provide deep support through each of the natural stages of our emotional healing work, and they nurture us as we heal from the darkness of our woundedness into the light of our union with the Divine.

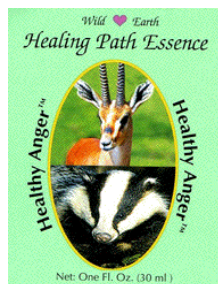
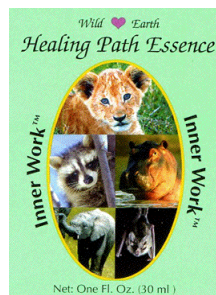
Each Healing Path Essence contains a specially designed combination of the Wild Earth Animal Essences, which nurture you with the wisdom and power of wild animals. The essences may be used individually as needed or in a conscious progression as one moves through the different stages of the healing process.

The general sequence of the Healing Path Essences is:

Inner Work -> Healthy Anger -> Grieving Heart -> Letting Go -> Gratitude -> Wild Freedom -> Communion with God

The essences may, of course, be used individually at any time without regard to the general sequence.

**Inner Work** -- Provides powerful support for journeying inward to heal emotional wounds of the recent or distant past. includes:  
Hippopotamus -- For embracing deep feelings.  
Raccoon -- For unmasking the truth.  
Bat -- For navigating through one's darkness.  
Lion Cub -- Nurtures courage and fearlessness.  
Elephant Calf -- For feeling safe and supported.



**Healthy Anger** -- Provides powerful support for feeling and accepting one's natural anger and for expressing anger in a healthy way.

This formula includes:

Badger -- For being comfortable with anger and expressing anger appropriately.  
Gazelle -- For feeling safe with being angry.

## SPIRIT SPRAYS

Welcome the energy of the wild into your space and into your heart!

Energy Spray aromatherapy mists contain pure organic and wildcrafted essential oils from around the world, which have been selected and blended specifically to impart the healing qualities of the Dolphin, Dove, Eagle, and Butterfly. Each Energy Spray's unique blend of therapeutic grade essential oils creates a nurturing and supportive atmosphere for imparting the subtle energies and healing qualities of the animal kingdom



### Dove/Peace

A soothing blend for connecting with the energy of the Dove and its deep Peace. Relaxing, centring, heart-filled.

Contains essential oils of: Organic French Lavender, Wildcrafted Indian Sandalwood, Roman Chamomile, and Moroccan Rose Absolute

### Butterfly/Transformation

A unique blend for support in enhancing inner and outer change in your life. Supportive and nurturing.

Contains essential oils of: Wildcrafted Cypress, Organic Sweet Orange, Organic French Lavender, and Organic Ylang Ylang



### Dolphin/Joy

A delight-filled blend for connecting with the energy of the Dolphin and its profound Joy. Sweet, uplifting, light.

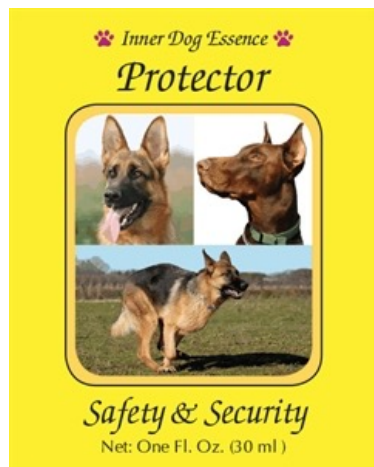
Contains essential oils of: Organic Sweet Orange, Organic Grapefruit, Organic French Lavender, and Moroccan Rose Absolute.

### Eagle/Spirit

An enlightening and purifying blend for connecting with the energy of the Eagle and with Spirit. Expanding, fulfilling, sacred.  
Contains essential oils of: Organic French Lavender, Clary Sage, Wildcrafted Elemi, Wildcrafted Frankincense, & Wildcrafted Sandalwood



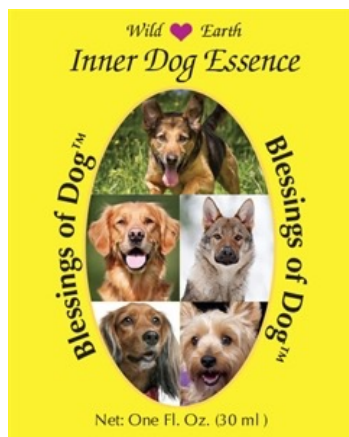
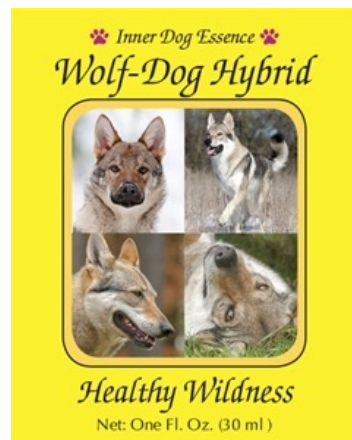




**PROTECTOR / SAFETY & SECURITY**  
Provides powerful support for walking through life feeling safe and protected. For knowing that you are safe wherever you go.  
Nurtures the sense of healthy invincibility — knowing that nothing can harm you.  
Supports one to feel confident and strong when facing challenges and supports one in setting healthy boundaries with others.

## WOLF-DOG HYBRID / HEALTHY WILDNESS

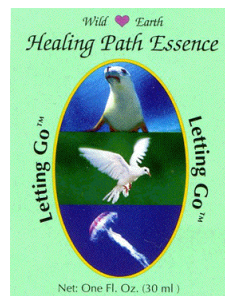
Provides powerful support for staying connected with nature and wildness while living a modern life. Balances the wild and tame within. Supports one in staying connected with one's healthy wild side. Supports one to feel socially connected to one's "pack" and one's world. Nurtures social joy, family/pack loyalty, and commitment.



## "BLESSINGS OF DOG" COMBINATION FORMULA

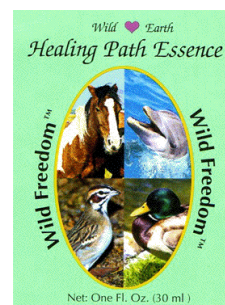
Provides powerful support for experiencing the joy, love, playfulness, simplicity, and presence that dogs, in general, embody. Nurtures delight at being alive and living from the heart. Supports bonding with others and being loyal and devoted to those you love. Supports the experience of living life "full-on" with exuberance and glee. Nurtures the ability to be in the present moment and enjoy the simplicity of being alive.

**Grieving Heart** -- Provides powerful support for releasing the emotional pain and tears that need to be shed in order to move forward. This formula includes:  
Wild Horse -- Nurtures the healing heart.  
Hippopotamus -- For embracing deep feelings.  
Gazelle -- For feeling safe while grieving.



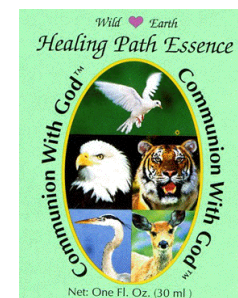
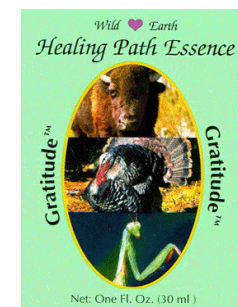
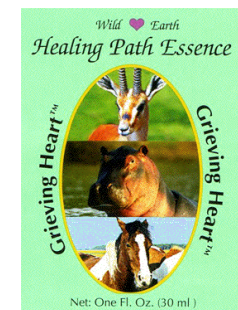
**Letting Go** -- Provides powerful support for releasing feelings, beliefs and actions that no longer serve, and for handing over control of one's life to the Divine. This formula includes:  
Seal -- For letting go and trusting.  
Dove -- For peace in the heart as one lets go.  
Jellyfish -- For surrendering to Spirit

**Gratitude** -- Provides powerful support for cultivating and expressing appreciation for the many gifts in one's life. This formula includes:  
Buffalo -- For deepening thankfulness.  
Wild Turkey -- For cultivating gratitude.  
Praying Mantis -- For devotion to Spirit.



**Wild Freedom** -- Provides powerful support for fully celebrating and living life with freedom and liberation. This formula includes:  
Wild Horse -- Nurtures the free and wild heart.  
Dolphin -- For joy, playfulness and freedom.  
Mallard -- For acting with inspired joy.  
Sparrow -- For dissolving any lingering worry.

**Communion With God** -- Provides powerful support for experiencing oneness and unity with the Divine. This formula includes:  
Dove -- Nurtures peace and calm in the heart.  
Eagle -- For opening to the Divine.  
Tiger -- Quiets the busy, thinking mind.  
Great Blue Heron -- For serenity and connection.  
Deer -- Nurtures gentleness and awareness.



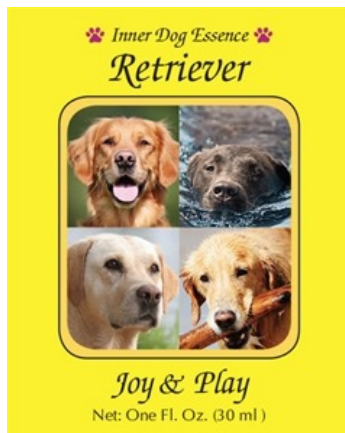
## INNER DOG ESSENCES

Domestic Dog Essences For People and Animals  
Nurturing Essences from the Domestic Dog Kingdom



Inner Dog Essences have been created to allow you to receive and be nurtured by many of the amazing energies and gifts of domestic dogs. These unique formulas provide powerful support for experiencing the wisdom and wonder that dogs offer us. Each Inner Dog Essence offers a unique way of connecting with the gifts that dogs embody, including unconditional love, joy, exuberance, simplicity, loyalty, presence, and so much more. These essences support us to connect with our deepest, loving, playful, living-life-full-on selves, and allow us to feel and express more joy, love, and delight in our lives.

### The 7 Inner Dog Essences

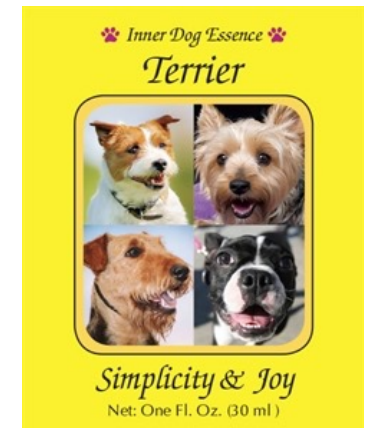


**RETRIEVER / JOY & PLAY**  
Provides powerful support for experiencing the joy and exuberance of being alive. Supports feelings of playfulness, bouncing joy, and childlike delight. "Let's Go and Play!"  
For living every moment with gusto and joy. Supports one in doing repetitive tasks with happiness and delight instead of boredom or distaste.



**MUTT / UNCONDITIONAL LOVE**  
Provides powerful support for opening the heart and feeling and expressing unconditional love. Nurtures our ability to be more loving with ourselves and others. Supports one in expressing affection. Nurtures the ability to live from your gentle, loving heart and share your love with the world in your unique way.

**TERRIER / SIMPLICITY & JOY**  
Provides powerful support for experiencing the simplicity and joy of the present moment. For letting go of the busy mind and just appreciating what is around you. Everything is so simple, really! Nurtures life as an easy journey of joy and happiness. For letting go of the complexity of life and revelling in the simple joys of being alive.



**WORKING DOG / "LET'S GO TO WORK!"**  
Provides powerful support for jumping into the world of work with delight, playfulness, and glee! Provides stamina and commitment for staying on track and accomplishing great things with focus and joy. Supports one in finding work that truly matches one's spiritual journey and life purpose. For experiencing work as a healthy and meaningful part of life.